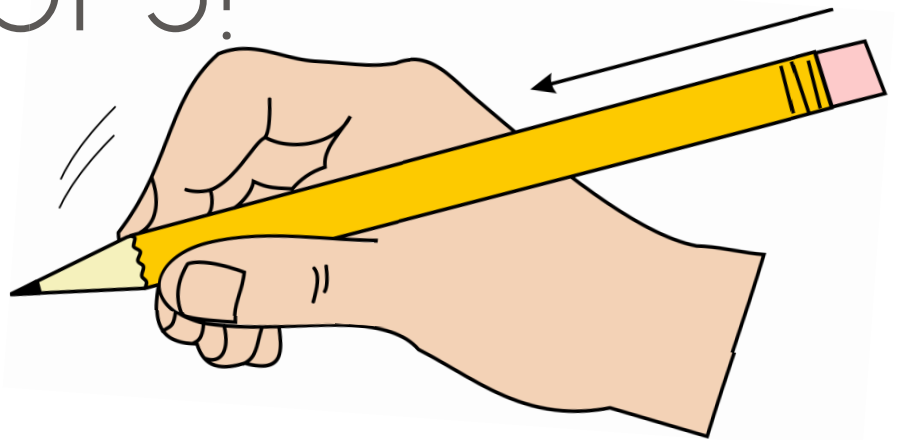


# PENCIL walks

## FINGER WARM-UPS!

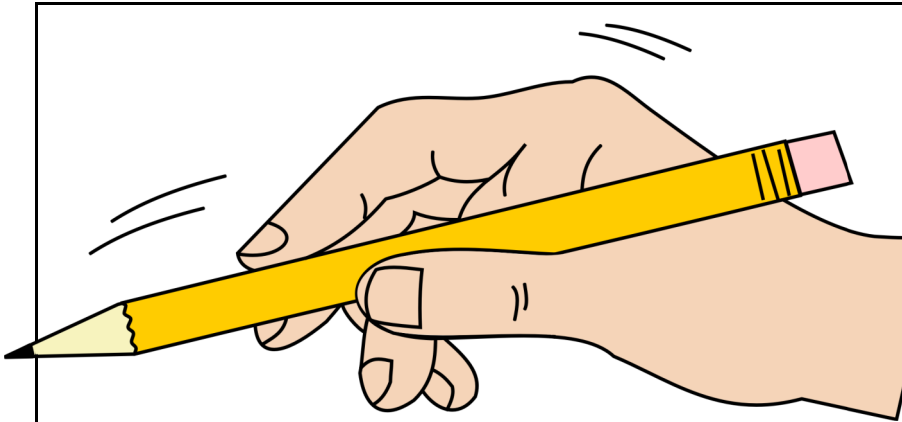
Use these pencil walks in preparation for handwriting and other fine motor tasks.



- ☑ Develops the in-hand manipulation skill of complex rotation.
- ☑ Develops separation of the radial side of the hand (thumb, index, and middle fingers) from the ulnar side (ring and little fingers).
- ☑ Prepares the hand for ideal pencil grasp and manipulation of small objects.

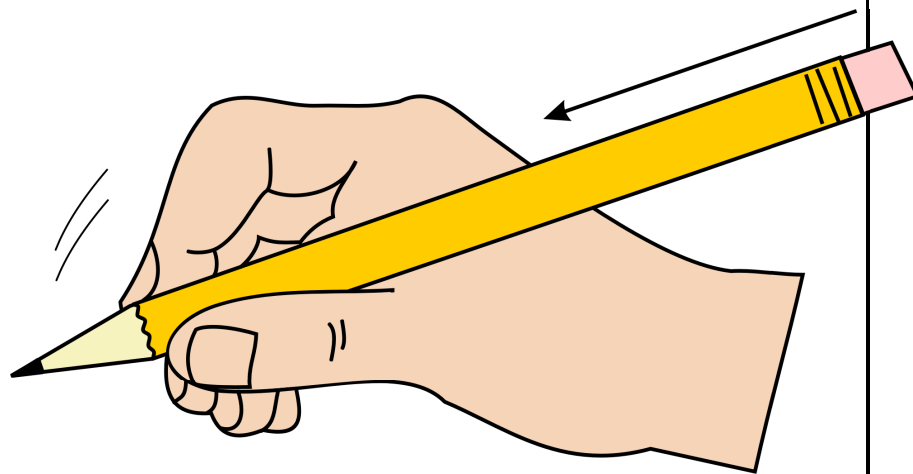
# PENCIL WALKS

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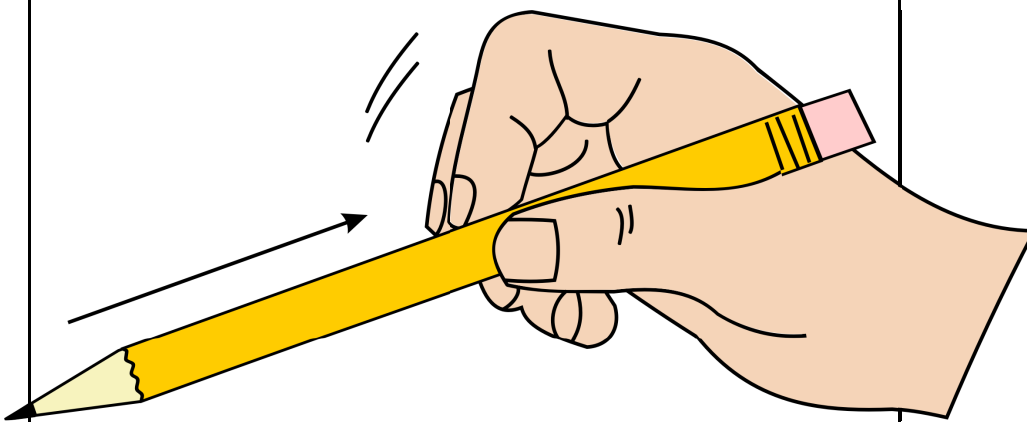
**1**

Pick up pencil with dominant hand. Grasp the pencil shaft with thumb, index and middle fingers.



**2**

“Walk” down the pencil toward the point.



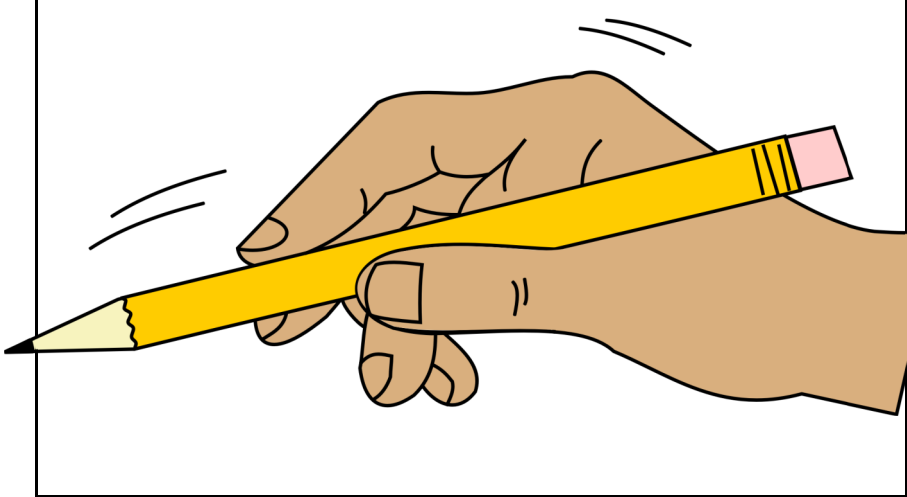
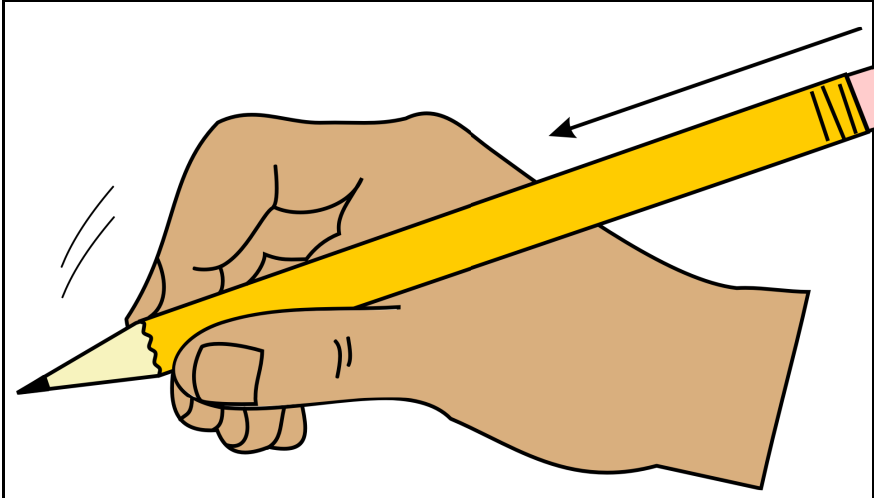
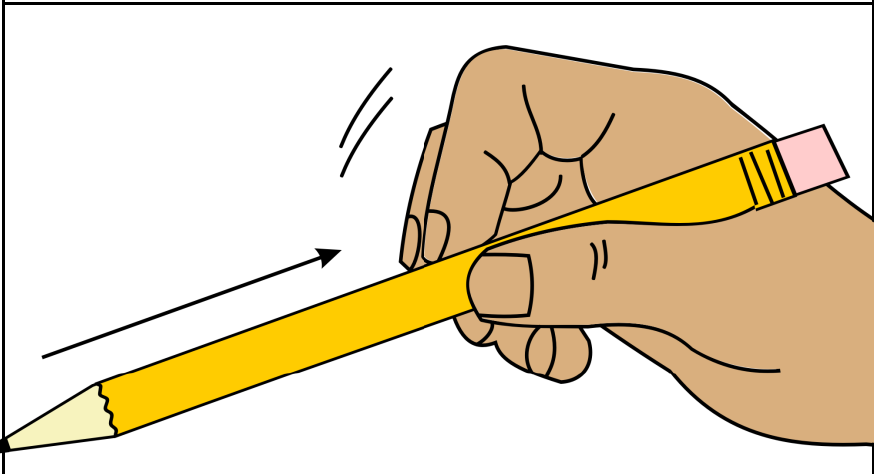
**3**

Next, “walk” up toward the eraser.

- Repeat this sequence several times
- Be sure the child uses only the fingers that are holding the pencil.
- Try not to use the table or other hand to help.

# PENCIL WALKS

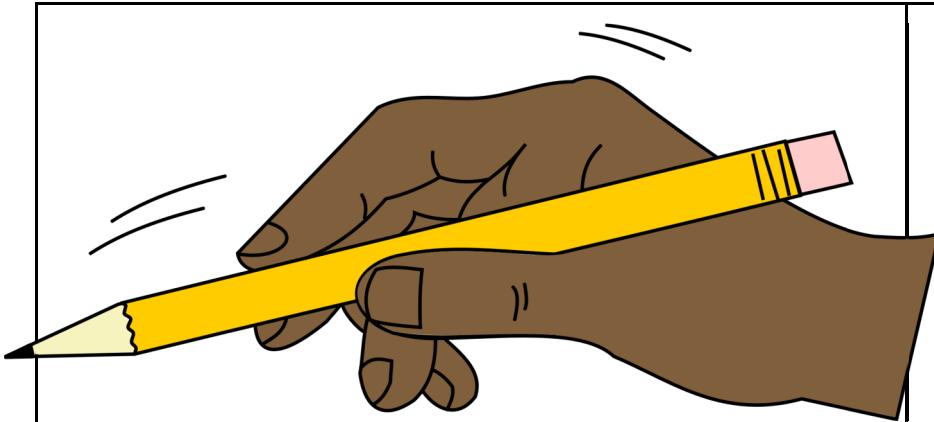
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	<p><b>1</b></p> <p>Pick up pencil with dominant hand. Grasp the pencil shaft with thumb, index and middle fingers.</p>
	<p><b>2</b></p> <p>“Walk” down the pencil toward the point.</p>
	<p><b>3</b></p> <p>Next, “walk” up toward the eraser.</p>

- Repeat this sequence several times
- Be sure the child uses only the fingers that are holding the pencil.
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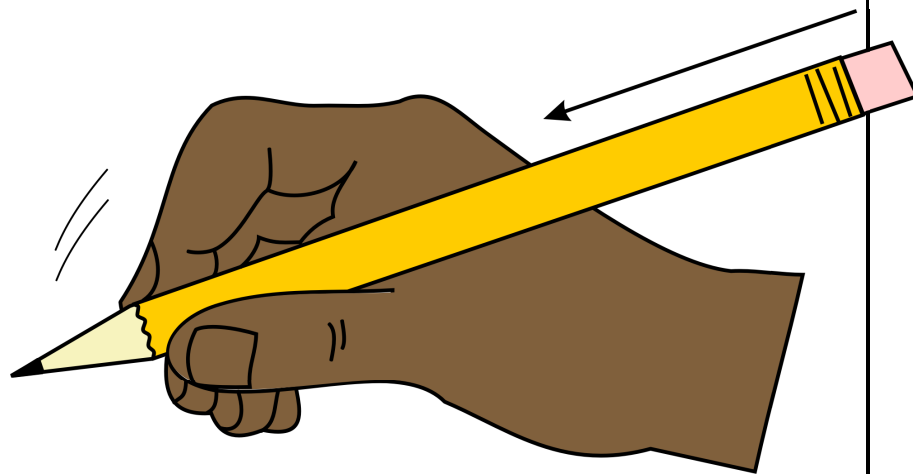
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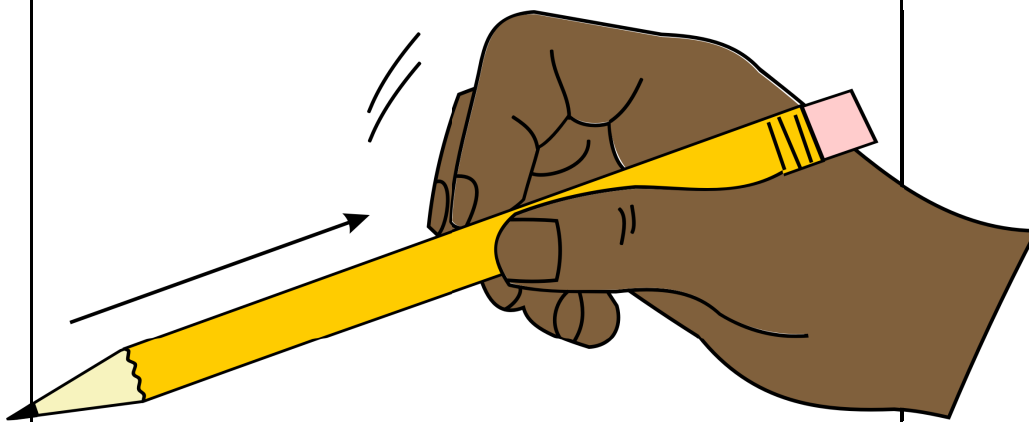
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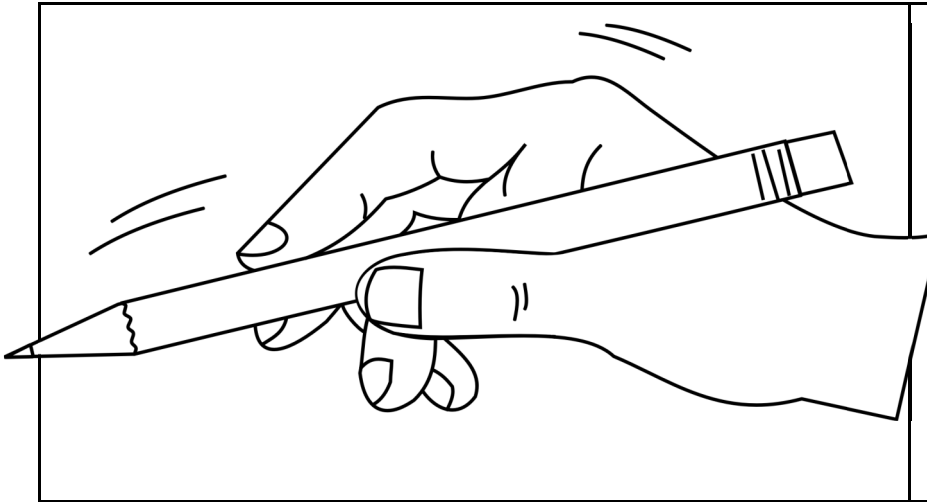
3

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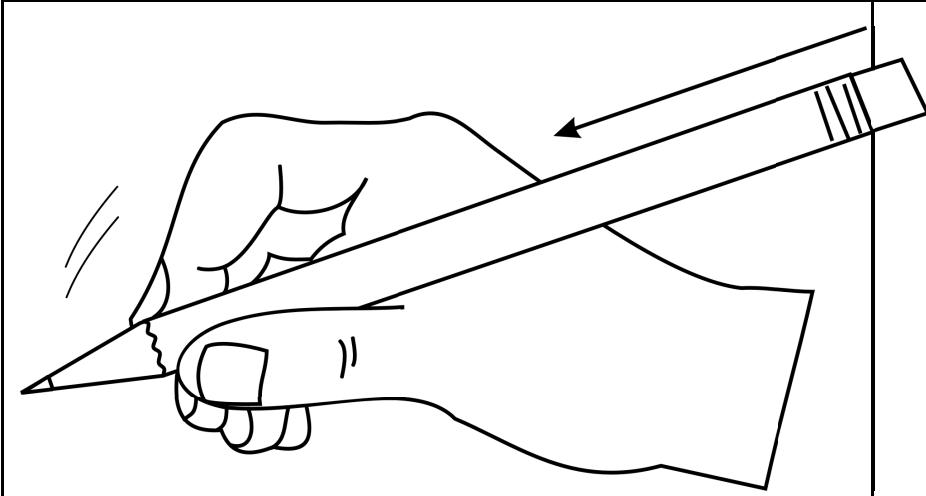
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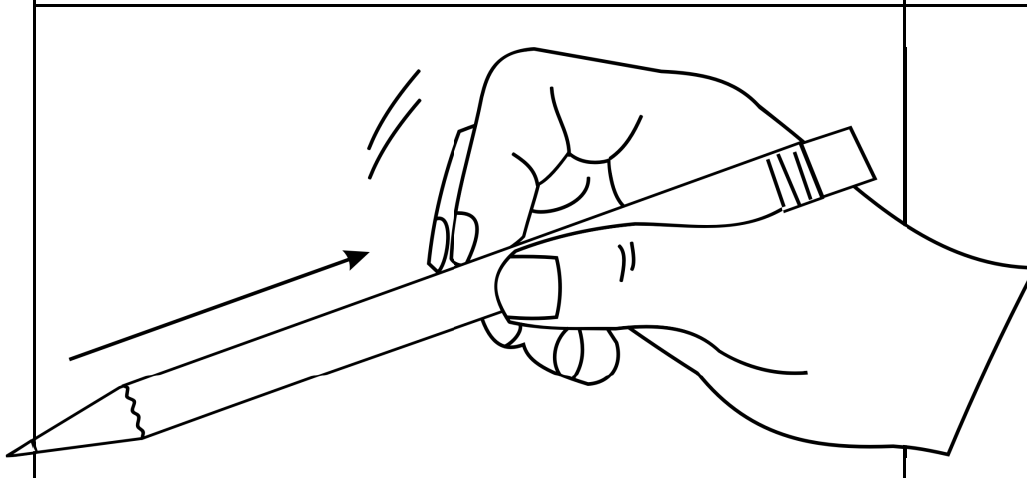
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