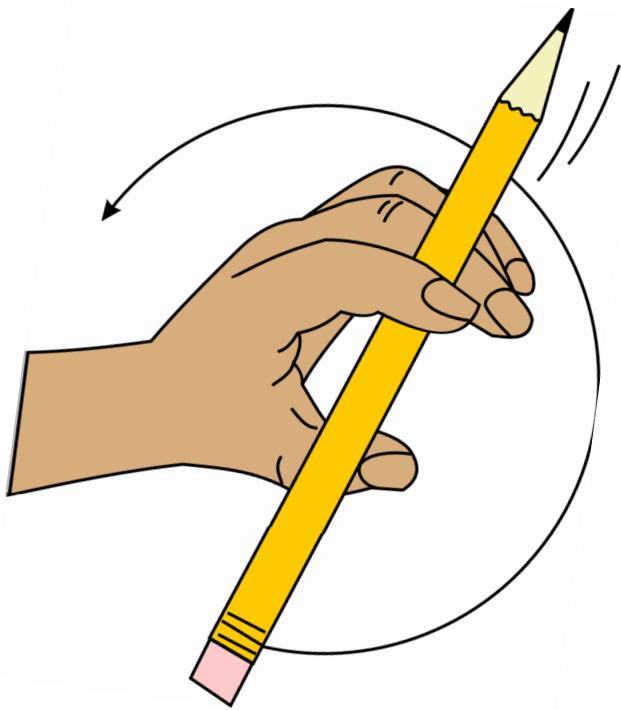


PENCIL twirls



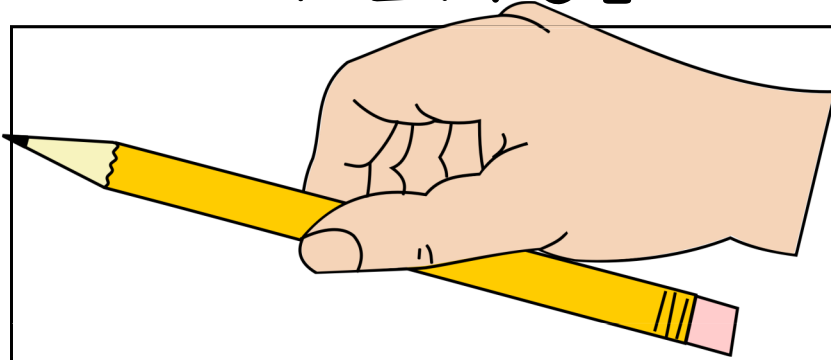
FINGER WARM-UPS!

Use these pencil twirls in preparation for handwriting and other fine motor tasks.

- ☑ Develops the in-hand manipulation skill of complex rotation.
- ☑ Develops separation of the radial side of the hand (thumb, index, and middle fingers) from the ulnar side (ring and little fingers).
- ☑ Prepares the hand for ideal pencil grasp and manipulation of small objects.

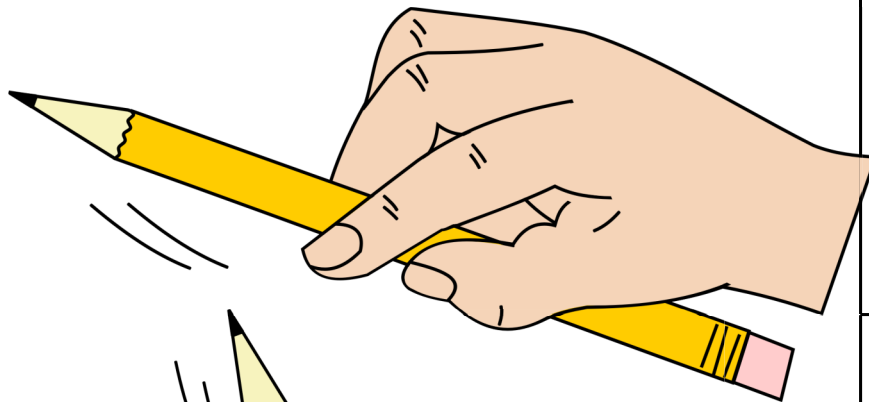
PENCIL TWIRLS

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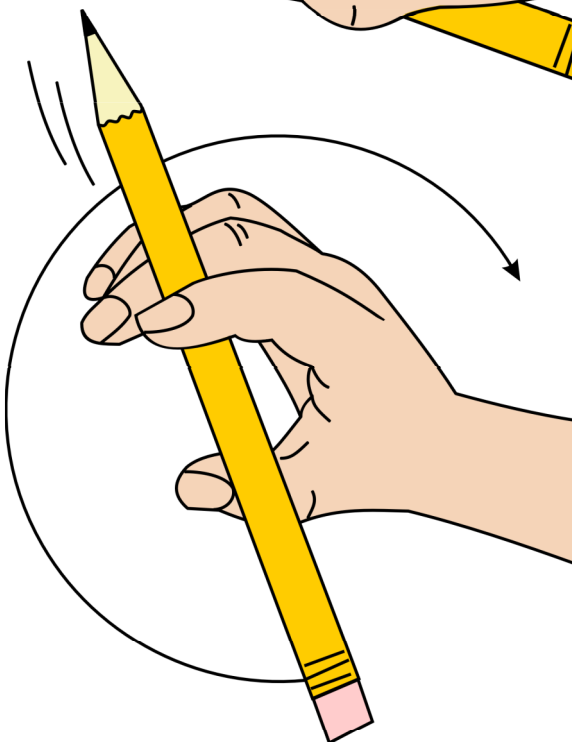
1

The child grasps a pencil with his or her dominant hand.



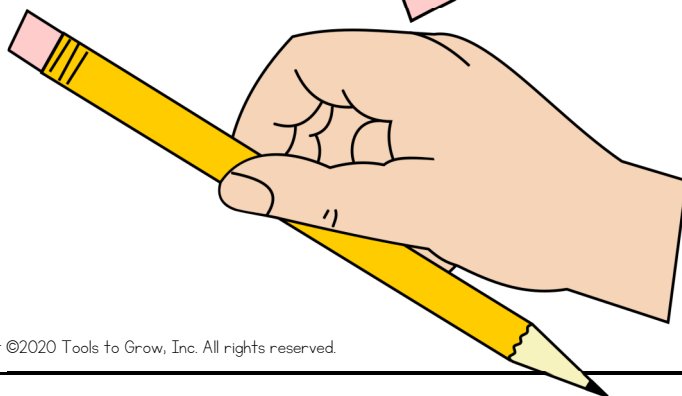
2

The child grasps the pencil shaft with his thumb, index and middle fingers.



3

The child rotates the pencil 360 degrees in a clockwise manner several times.



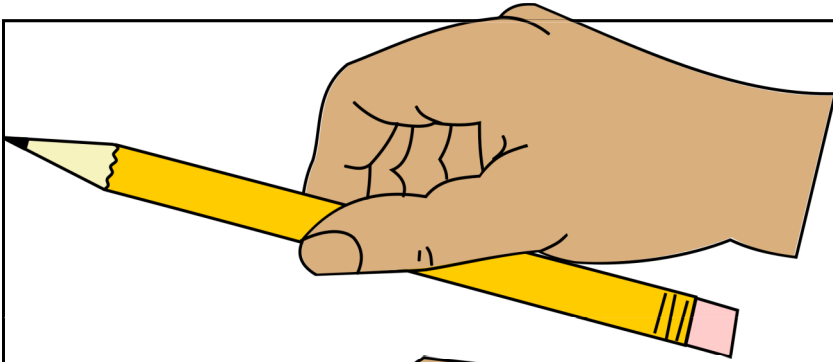
4

Next the child rotates the pencil 360 degrees in a counter-clockwise manner several times.

- Be sure the child uses only the fingers that are holding the pencil.
- Try not to use the table or other hand to help.

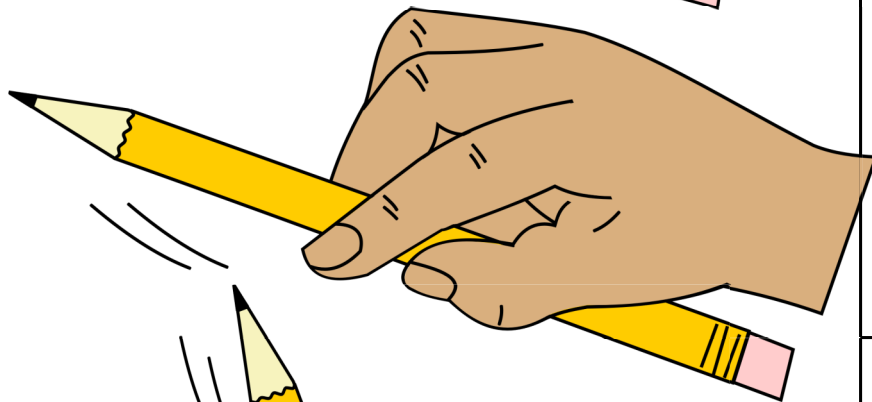
PENCIL TWIRLS

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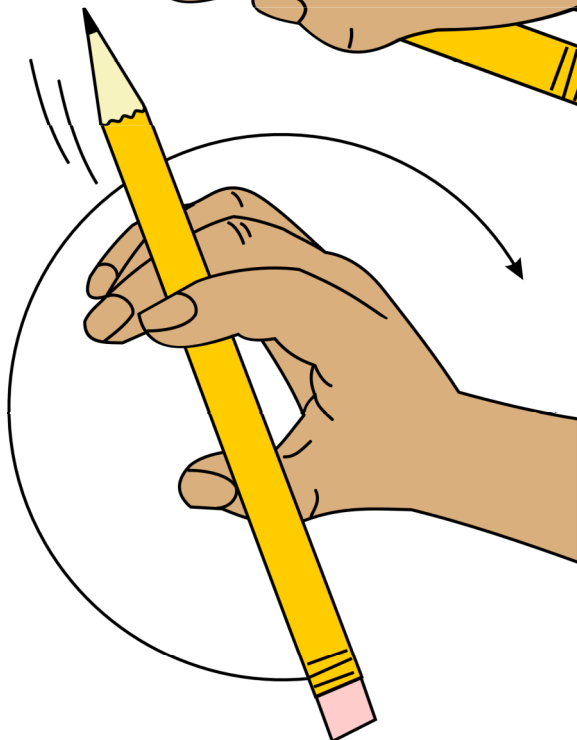
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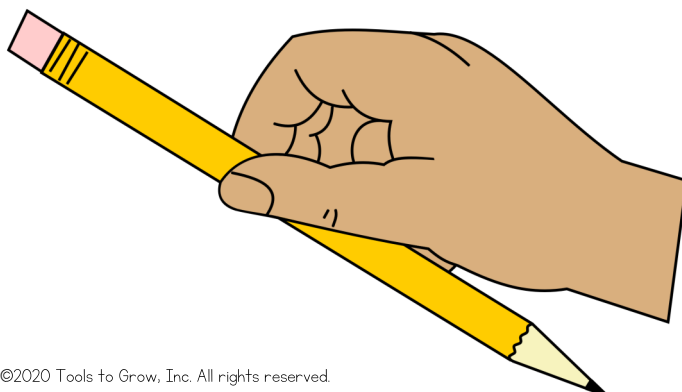
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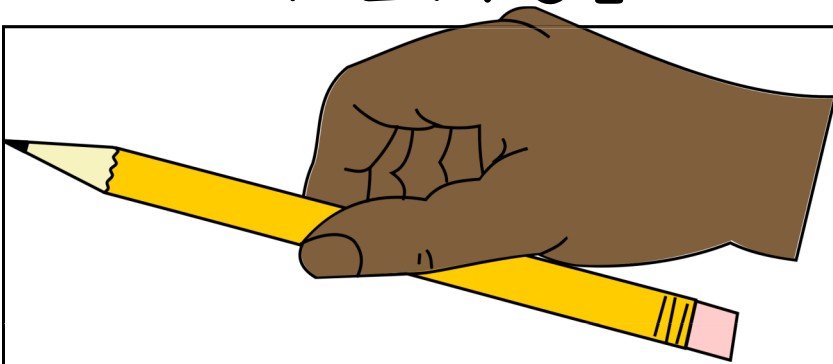
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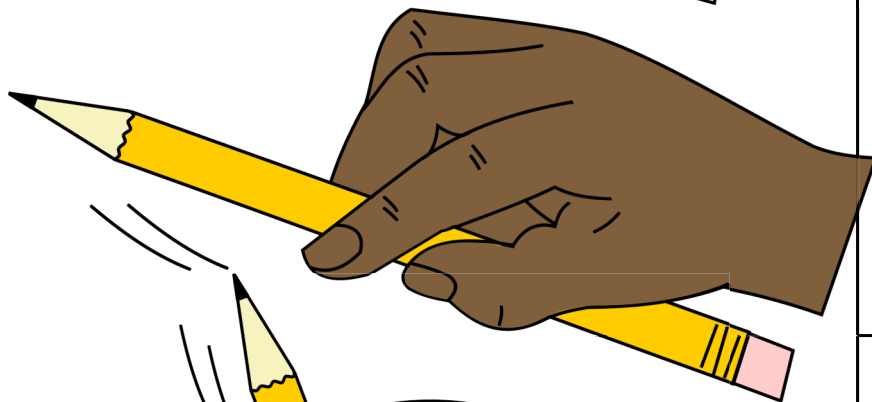
PENCIL TWIRLS

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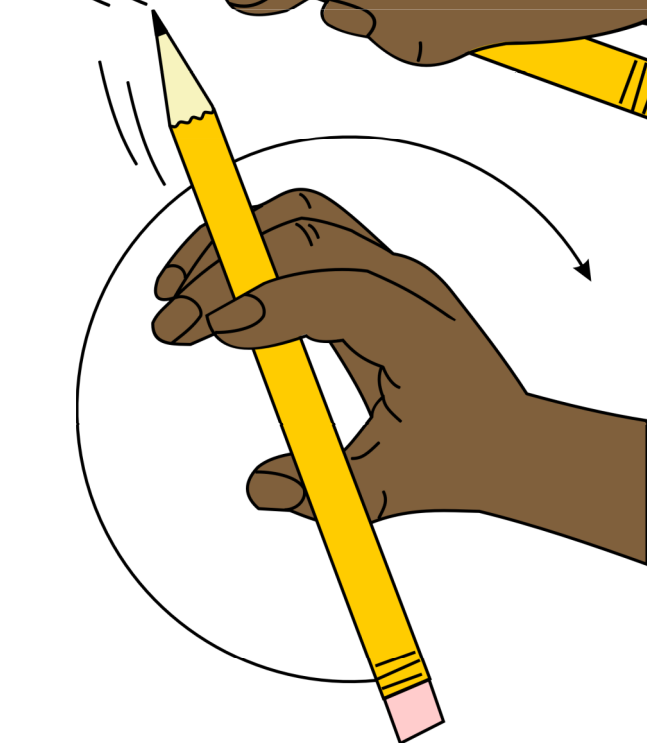
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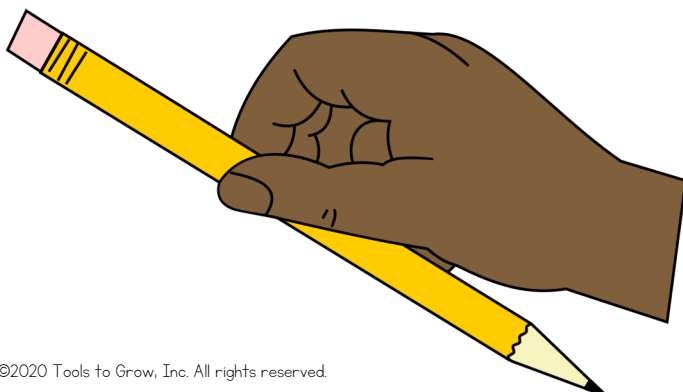
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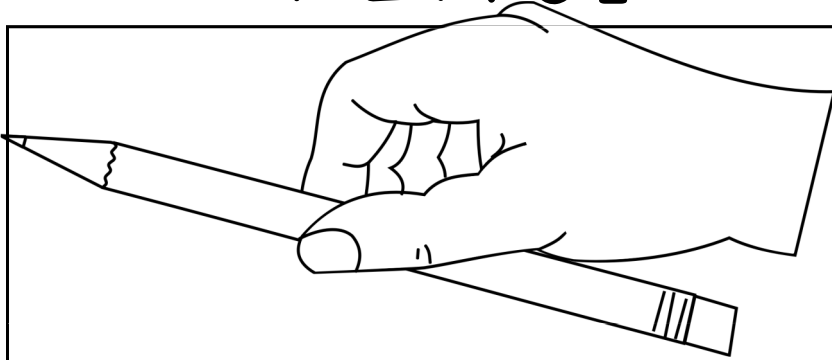
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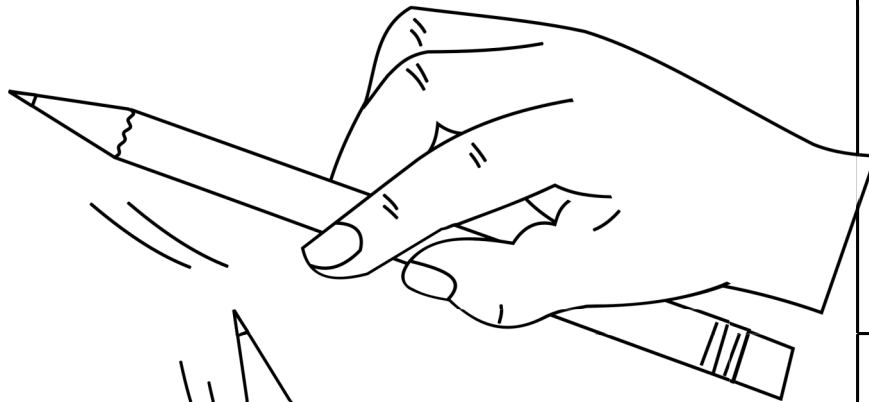
PENCIL TWIRLS

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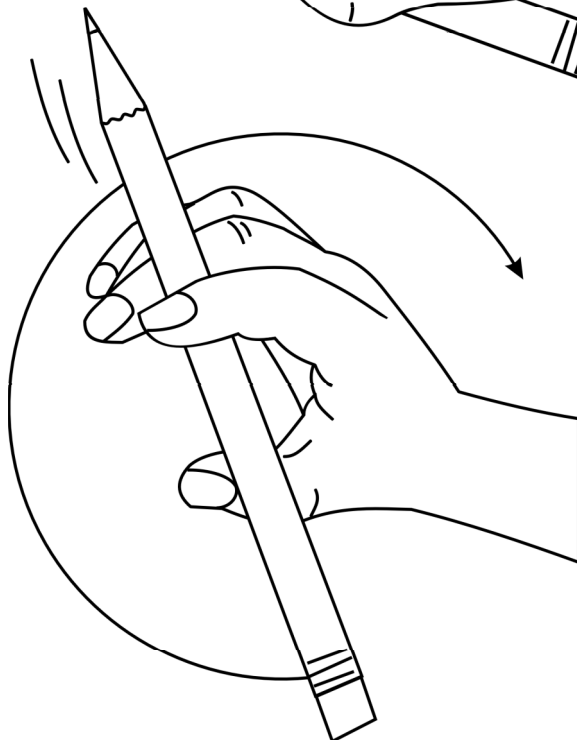
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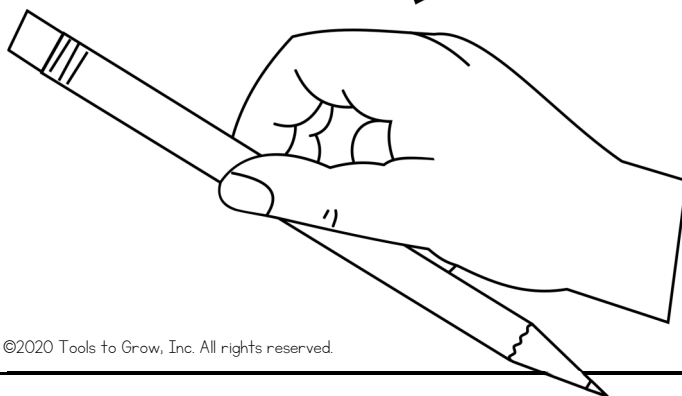
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